

This is a release of liability and certain legal rights. Please read carefully before signing.

RELEASE AND WAIVER OF LEGAL LIABILITY

In consideration for my minor child's participation in the Jr. Lancers Football athletic program and related events and activities (collectively, the "**Activity**"), I, on behalf of my minor child, and my heirs, successors, and legal representatives, agree to the following:

(1) **Assumption of Risk**. I understand that the Activity has inherent risks, hazards, and dangers that cannot be eliminated, and that these include sports and physical activities which may be dangerous and test an individual's physical and mental limits, facility conditions that may be poor and unmaintained, participant's lack of familiarity with facility, and possible exposure to and illness or death from infectious diseases, including without limitation MRSA, influenza, and COVID-19. I also understand that although rules and procedures may reduce some risks, all or any of these risks may result in personal injury, death, or damage. The description above does not describe all of the risks, hazards, and dangers that may result from the Activity, and I understand that I should consult a physician before permitting my minor child to participate. **I expressly and specifically assume any and all risk of injury, death, or damage resulting from my minor child's participation in the Activity.**

(2) **Release and Waiver: Agreement Not to Sue; Indemnity**. I knowingly and intentionally waive and release the Jr. Lancers Football athletic program, and any governing board, directors, officers, agents, employees, and volunteers (collectively, "**Released Parties**") from and against any and all claims, lawsuits, and causes of action of any kind that are related to or arise out of the Activity, including but not limited to negligence. I agree and **covenant not to sue or file any claim** against the Released Parties relating to any injury, death, or property damage resulting from participation in the Activity. I agree to defend and indemnify the Released Parties from and against any and all claims or liabilities that may be made or assessed against them alleged to be a result of participation in the Activity.

(3) **Insurance Responsibility and Medical Costs**. I understand and agree that I (and not the Released Parties) am solely and legally responsible for providing liability insurance and health insurance for me and/or my minor child. I also understand and agree that I (and not the Released Parties) am solely and legally responsible for paying any and all costs for medical care or treatment that may be necessary as a result of participation in the Activity or otherwise. I grant permission to the Released Parties to arrange for emergency medical treatment for my minor child, and I further agree to release, indemnify, and hold harmless the Released Parties from and against any and all injuries, damages, deaths, claims, or causes of action that are related to or may arise out of this authorization.

(4) **Enforceability**. I understand and agree that this Release and Waiver of Legal Liability will be construed in accordance with the laws of the State of Missouri. If any part of this Release and Waiver of Legal Liability is held unenforceable, then the remaining portions shall remain in full force and effect. I understand and agree that this Release and Waiver of Legal Liability will be effective immediately upon my signature.

I ACKNOWLEDGE THAT I AM OF OR OVER THE AGE OF 18 YEARS, THAT I HAVE EXPLAINED THESE RISKS TO MY CHILD, AND THAT I CAREFULLY AND COMPLETELY READ AND UNDERSTAND THIS RELEASE AND WAIVER OF LEGAL LIABILITY. I AM VOLUNTARILY SIGNING THIS RELEASE AND WAIVER OF LEGAL LIABILITY.

Printed Name of Participant: _____

Parent/Guardian Signature

Parent/Guardian Printed Name

Date